

## What is bullying?

Bullying is "Behaviour by an individual or a group, repeated over time, that intentionally hurts another individual or group either physically or emotionally."

We acknowledge that there are different types of bullying - some are obvious to spot whilst others can be more subtle.

We provide a safe and nurturing environment which celebrates and values everyone's uniqueness.

Any forms of proven bullying will not be tolerated and they will be dealt with quickly and effectively.

We have created a climate of respect and trust which allows all children to access trusted adults if they are ever feeling sad, worried or upset about something.

**Several  
Times  
On  
Purpose**



## Useful Websites

Anti-Bullying Alliance:  
[www.antibullyingalliance.org.uk](http://www.antibullyingalliance.org.uk)

Childline:  
[www.childline.org.uk](http://www.childline.org.uk)

NSPCC:  
[www.nspcc.org.uk](http://www.nspcc.org.uk)

Think U Know:  
[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

Kick it Out:  
[www.kickitout.org](http://www.kickitout.org)

Headteacher: Miss Andrea Nuttall  
Telephone: 01724 844430  
Email: [admin.lincolngardensprimary@northlincs.gov.uk](mailto:admin.lincolngardensprimary@northlincs.gov.uk)  
Address: Lincoln Gardens, Scunthorpe, DN16 2ED



# Lincoln Gardens Primary School

## Anti-bullying Leaflet



At Lincoln Gardens we firmly believe that every child in our care has the right to feel safe, secure and happy in school or in off-site educational activities. We recognise the seriousness of all forms of proven bullying and the impact it can have on those involved. The ethos of our school fosters high expectations of outstanding behaviour for all adults and children. We recognise the value of talking about bullying and of equipping pupils with strategies for dealing with bullying should they encounter it.



## What should I do if I feel sad or upset by somebody's actions?

### Walk

Walk away and remember it's not your fault.



### Report

Tell an adult in school about what is happening. Don't be scared.



### Talk

We can only help if we know.



Bullying can be direct or indirect:-

- **Physical** - kicking, hitting, taking belongings, sexual violence
- **Verbal** - name calling, taunting, mocking, making offensive comments including homophobic, racist and transgender remarks.
- **Cyber bullying** (using digital technologies) - sending/receiving nasty messages/images, intimidating others and using their log-in and deliberately excluding people in the virtual world
- **Social** - deliberately excluding people from groups, threats, lying and spreading rumours

From time to time, we recognise that children will experience unkind incidents for example:

- Fall out with friends
- Accidental physicality
- Name calling

These incidents will be dealt with swiftly and fairly and recorded to allow accurate identification of bullying .